Third and Fourth Class - List 7

Have you ever seen a situation differently than a friend did?	sugar? • Choose 4-5 items from your kitchen cupboard and add up all the weights together. Try to write the total weight in kg and g. • How many more grams would it take to make 5kg?	favourite song at the moment. This is even more fun if you get somebody at home to help you make up this dance. Do some mirror dancing - you do a move which they must copy to the count of 8, and vice versa. Perform this for your parents, brothers, sisters once you have practiced it a number of times. Try some Yoga @cosmickids yoga on Youtube. Continue GoNoodle breaks (www.gonoodle.com)
		 SPHE Do you remember doing finger breathing with Laura at school during Mindfulness? Try some finger breathing at home to help you feel calm. Maybe teach somebody at home how to do it too.
		Art • Design a new pair of

	runners and come up with your own brand
	name • Design a new jersey
	for the Dreadnots Gaelic football team.